



# BIG RIVERS ALL-CONFERENCE TEAM



## Girls Track

### 2023-24 BRC CHAMPION

Chippewa Falls

### 1ST TEAM ALL-CONFERENCE

<u>Event</u>	<u>Name</u>	<u>Year</u>	<u>School</u>
100 m dash	Eliana Sheplee	Sr.	Rice Lake
100 m dash (WC)	Emma Lynch	So.	Eau Claire North
200 m dash	Eliana Sheplee	Sr.	Rice Lake
400 m dash	Eliana Sheplee	Sr.	Rice Lake
800 m run	Lauren McCalla	So.	Menomonie
1600 m run	Lauren McCalla	So.	Menomonie
3200 m run	Olive Halvorson	So.	River Falls
100 m hurdles	Allison Widiker	So.	Chippewa Falls
300 m hurdles	Ella Carstensen	Sr.	Hudson
Shot Put	Addison Schmidt	Fr.	Rice Lake
Shot Put (WC)	Emma Lynch	So.	Eau Claire North
Discus	Bernie Barnhardt	Sr.	Eau Claire North
Long Jump	Ava Krista	Jr.	Chippewa Falls
High Jump	Ava Krista	Jr.	Chippewa Falls
Triple Jump	Ava Krista	Jr.	Chippewa Falls
Pole Vault	Zoe Myers	Jr.	Eau Claire Memorial
4 x 100 m relay	Nadia Unruh	So.	New Richmond
	Autumn Foote	So.	New Richmond
	Etta Carlson	So.	New Richmond
	Katelyn Doehrmann	Sr.	New Richmond
4 x 200 m relay	Jayla Johnson	Fr.	River Falls
	Tirfe L'Allier	Fr.	River Falls
	Isabelle Russell	So.	River Falls
	Brooke Dusek	Fr.	River Falls
4 x 400 m relay	Gracie Berglund	Jr.	Eau Claire Memorial
	Morgan Dewey	So.	Eau Claire Memorial
	Alexa Pluth	Fr.	New Richmond
	Raya Shaw	So.	New Richmond
4 x 800 m relay	Bella Drake	Fr.	Menomonie
	Brooklyn Hoff	Sr.	Menomonie
	Madison Lehman	Sr.	Menomonie
	Lauren McCalla	So.	Menomonie

Track Athlete of the Meet: Eliana Sheplee (Rice Lake) and Lauren McCalla (Menomonie)  
 Field Athlete of the Meet: Ava Krista (Chippewa Falls)

## 2ND TEAM ALL-CONFERENCE

<b>Event</b>	<b>Name</b>	<b>Year</b>	<b>School</b>
100 m dash	Lilly Johnson	Sr.	Hudson
200 m dash	Olivia Sedlacek	Jr.	Chippewa Falls
400 m dash	Miley Covey	Fr.	New Richmond
800 m run	Morgan Dewey	So.	Eau Claire Memorial
1600 m run	Rebecca Belany	Sr.	Hudson
3200 m run	Lyla Vlcek	Jr.	Hudson
100 m hurdles	Paige Turner	Sr.	New Richmond
300 m hurdles	Kate Anderson	Jr.	Hudson
Shot Putt	Bernie Barnhardt	Sr.	Eau Claire North
Discus	Addison Schmidt	Fr.	Rice Lake
Long Jump	Madilyn DeLawyer	Jr.	Rice Lake
High Jump	Andie Sikora	Jr.	Eau Claire North
Triple Jump	Ella Carstensen	Sr.	Hudson
Pole Vault	Isabella Whitwam	Jr.	Menomonie
4 x 100 m relay	Jayla Johnson	Fr.	River Falls
	Tirfe L'Allier	Fr.	River Falls
	Brooke Dusek	Fr.	River Falls
	Isabelle Russell	So.	River Falls
4 x 200 m relay	Nadia Unruh	So.	New Richmond
	Etta Carlson	So.	New Richmond
	Amber Stevens	Jr.	New Richmond
	Allie Harrold	Fr.	New Richmond
4 x 400 m relay	Bailee Bishop	So.	River Falls
	Tirfe L'Allier	Fr.	River Falls
	Abigail Treichel	So.	River Falls
	Ava Peters	Jr.	River Falls
4 x 800 m relay	Morgan Dewey	So.	Eau Claire Memorial
	Alexa Pluth	Fr.	Eau Claire Memorial
	Lindsay Berg	Jr.	Eau Claire Memorial
	Charlotte Willems	Jr.	Eau Claire Memorial

## HONORABLE MENTION ALL-CONFERENCE

<b>Event</b>	<b>Name</b>	<b>Year</b>	<b>School</b>
100 m dash	Gracie Berglund	Jr.	Eau Claire Memorial
200 m dash	Lilly Johnson	Sr.	Hudson
400 m dash	Raya Shaw	So.	Eau Claire Memorial
800 m run	Leah Schiltgen	Fr.	Hudson
1600 m run	Noelle Simetkosky	Jr.	Chippewa Falls
3200 m run	Olivia Tanner	Fr.	Eau Claire Memorial
100 m hurdles	Elly Smith	Jr.	River Falls
300 m hurdles	Bailee Bishop	So.	River Falls
Shot Putt	Kylie Petermeier	Jr.	Hudson
Discus	Lilly Johnson	Sr.	Hudson
Long Jump	Raya Shaw	So.	Eau Claire Memorial
High Jump	Ava Peters	Jr.	River Falls
Triple Jump	Hadley Skaw	Sr.	Eau Claire Memorial
Pole Vault	Grace Gugel	Jr.	Chippewa Falls
4 x 100 m relay	Ella Spaeth	Jr.	Chippewa Falls
	Leah Martin	So.	Chippewa Falls
	Ava Krista	Jr.	Chippewa Falls
	Taylor Mosher	Sr.	Chippewa Falls
4 x 200 m relay	Della Dreher	Fr.	Hudson
	Brooke Eilertson	So.	Chippewa Falls
	Addie Leach	Jr.	Chippewa Falls
	Tempe Sirek	Jr.	Chippewa Falls
4 x 400 m relay	Susan Bergeman	Jr.	Chippewa Falls
	Lydia Martin	So.	Chippewa Falls
	Noelle Simetkosky	Jr.	Chippewa Falls
	Jada Wood	Jr.	Chippewa Falls
4 x 800 m relay	Rebecca Belany	Sr.	Hudson
	Lyla Vlcek	Jr.	Hudson
	Olivia Thompson	So.	Hudson
	Leah Schiltgen	Fr.	Hudson